



2026 National Stand-Down Sample Email

Subject: Participation in the 2026 National Stand-Down for Construction Suicide Prevention Week

Dear [Foreman/Supervisor's Name],

I hope this message finds you well. I am writing to inform you about an important event our company will be participating in, and I would like your support in ensuring its success.

The purpose of this event is to raise awareness about suicide prevention during National Suicide Prevention Month. Sept. 14-18 is Construction Suicide Prevention Week and for the third annual time, the construction industry will come together in a powerful moment of remembrance to honor those we've lost and to re-commit to preventing further loss of life.

To show our commitment to getting every person home and back to the jobsite healthy every day, our company will join Construction Suicide Prevention Week on Monday, Sept. 14 at [insert your time based on time zone] for one minute of silence during the nationwide stand-down to honor all lives lost to suicide. Please post the attached flyer where our team can see it leading up to the stand-down, and print copies of the attached handouts to encourage our team to participate in honoring someone they've lost.

Your support is crucial for the success of this initiative. Let's work together to create a supportive environment and raise awareness about mental health in our industry. Thank you for your attention and commitment to this cause.

Best,

[Name]