



2026 Pledge

Pledge

Will you take the Construction Suicide Prevention Week pledge?

Building on Progress

I pledge to learn at least one new way to seek help for someone in need.

By taking this pledge, you commit to:

Learning about at least one resource available to support yourself or someone else in crisis. Ways to learn more include being informed about the 988 Suicide & Crisis Lifeline, your company Employee Assistance Program (EAP), or other resources such as toolbox talks (like those available on our resource page [here](#)).
