



2025 Pledge

Pledge

Will you take the Construction Suicide Prevention Week pledge?

Just checking in ...

By signing my name, I pledge to check in with someone this week to see how they are doing.

But don't stop there. Set a reminder on your phone to check in with someone each month, week or even every day. You have the power to build connections that could save lives. If someone isn't doing well, you can provide them with lifesaving resources. Not sure where to start? Visit www.ConstructionSuicidePrevention.com for free tools about how to someone help, or call or text 988 if you or someone you know is in crisis.
