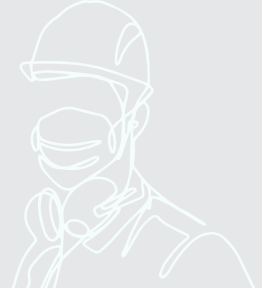


# TOOLBOX TALK

## CONSTRUCTION AND SUICIDE



You know the dangers that come from working on a job site, we talk about them often during Toolbox Talks, but what about those that lurk when you're off the job?

Suicide is an unfortunate crisis within our industry, and it is time to change that.

### **BY THE NUMBERS**

- In multiple years, the [Centers for Disease Control and Prevention](#) found [construction and extraction was the no. 1 occupational group with male suicides \(15% in 2012, 16% in 2015\)](#)
- In the general population, suicide occurs in 27 out of every 100,000 people. In construction, the number is closer to [53 suicides per 100,000 workers](#).
- In the U.S., there are approximately [123 suicides per day which breaks down to one death every 12 minutes](#). (SafeBuild Alliance)

### **WHY IT MATTERS**

[September is Suicide Awareness Month, and Sept. 4-8 is Construction Suicide Prevention Week](#), so we want to do everything in our power to help save our fellow teammates. Throughout, we'll be sharing tools and resources to stamp out the stigma of asking for help, and possibly help save some lives in the meantime.

### **GOOD TO KNOW**

- [National Suicide Prevention Lifeline](#): 800-273-TALK (8255)
- As of July 2022, you can also call, text, or chat [988](#) to [reach the lifeline's trained counselors directly](#).



CONSTRUCTION SUICIDE  
PREVENTION WEEK

Call, text or chat [988](#) for the National Suicide Prevention Lifeline.

Find resources at [ConstructionSuicidePrevention.com](#).